



ECHOES OF FORGOTTEN WORLDS

LEMURIA, ATLANTIS
& HUMANITY'S ORIGINS
in **The Secret
Doctrine**

EUROPEAN SCHOOL OF THEOSOPHY

2026 28 SEPTEMBER - 2 OCTOBER
WITH THE SUPPORT OF THE BLAVATSKY TRUST

**UNITED
KINGDOM
CHELTENHAM**

THIS YEAR'S JOURNEY

This year's journey will explore the theme of *Forgotten Worlds: Lemuria, Atlantis, and Humanity's Origins in The Secret Doctrine*, inviting us to reflect on the deeper narratives of human evolution and the symbolic dimensions of ancient wisdom traditions.

We will be meeting in Cheltenham, a town renowned for its Regency elegance and its long-standing association with healing waters and renewal. Situated at the edge of the Cotswolds—an area rich in ancient landscapes, prehistoric sites, and quiet echoes of Britain's early spiritual heritage—it offers a fitting setting for contemplation. Within reach lie traces of antiquity, from Neolithic long barrows to the enduring presence of sacred hills, reminding us that the search for meaning has always been rooted in both place and memory.

We look forward to welcoming you.

Dr Edi Bilimoria is a Consultant Engineer by profession, and has been a student of the perennial philosophy for over half a century, having lectured in the UK, USA, Netherlands, India, and Australia. His book *The Snake and the Rope* received the 2008 book prize and his four-volume work *Unfolding Consciousness* was awarded the grand book prize in 2023 by the Scientific and Medical Network where he currently serves as a Trustee and advisor to SMN's Galileo Commission, a project set up to find ways to expand science and widen public discourse. Edi is also a choral singer and a dedicated classical pianist.

Dr Edi Bilimoria

YUGAS – CONTINENTS – CONSCIOUSNESS

Helena Blavatsky once said:

"If coming events are said to cast their shadows before, past events cannot fail to leave their impress behind them."

This lecture concerns how past events have left their impress behind them. A central theme will be the great epics in the West and in the East, namely in Greece and in India, regarded as symbolic revelations of seismic changes in human consciousness. Behing their dramatic narratives of war we may discern intimations about changing modes of awareness. We present an overview of the concomitant relations between the yugas, continents and lineage of man.

THE LINEAGE OF THE CONTINENTS AND MAN

This lecture first presents an overview of what modern geology and palaeontology teaches on the allegedly prehistoric continents and the evolution of man.

We then compare and contrast this with the occult narrative on anthropogenesis and trace the lineage of man *pari passu* with the changes in the continents, the development of the human form, the evolution of human consciousness, and the advancements of human technologies and capacities. Of especial interest will be Astlantia, both as continent and civilization, along with an account of Plato's Atlantis in the light of modern science.



ANTHROPOGENESIS: AN INTRODUCTION TO VOLUME II OF *THE SECRET DOCTRINE*

This three-part presentation introduces the second volume of *The Secret Doctrine* by Helena Petrovna Blavatsky, devoted to Anthropogenesis—the esoteric account of the origin and evolution of humanity. It follows the structure of the work through the *Stanzas of Dzyan* and their commentaries, addressing the emergence of sentient life, the successive stages of human development.

It also considers key themes presented in the volume, such as the “Fall” and the “War in Heaven,” and the accounts of early continents, such as Hyperborea, Lemuria, and Atlantis.

Erica Georgiades

Erica Georgiades (MReS) Religious experiences is the Director of the European School of Theosophy, the Director of the School of Wisdom of the Theosophical Society Adyar, and President of the Theosophical Society in Greece.

Tim Wyatt is an esoteric writer, lecturer, researcher and organiser. A broadcast and print journalist for half a century, he has won awards for his plays and TV documentaries. He has produced numerous TV films and currently writes for various esoteric publications worldwide. He is the author of more than fifty books including *Cycles of Eternity: An Overview of the Ageless Wisdom* distributed to more than 40 countries. As an international lecturer for the Theosophical Society and other organisations he travels widely across Europe. He is the founder of The School of Applied Wisdom based in Leeds and also helps to run Leeds Theosophical Society. He has been a life-long student of esoteric ideas and occult science and is a dedicated explorer of consciousness. He is a lover of the natural world and lives in the Yorkshire Pennines with his cat Electra.

Tim Wyatt

CRUNCH-TIMES IN LEMURIA

During the Third Root Race everything changed. It was a pivotal time for the evolution of humanity. We acquired physical bodies and began reproducing sexually for the first time. Crucially, we were gifted the rudiments of mind, but it took a group of wise off-planet beings to instil intellect into primitive man. And it wasn't easy.

Civilizations developed for the first time, occupying a vast landmass spanning several continents and oceans. Humanity reached a new peak of sophistication and development. And then as the Law of Cyclic Evolution, it all fell apart and Lemuria vanished beneath the waves.

PARALLEL ERAS OF BLACK MAGIC

The ancient, submerged continent of Atlantis continues to fascinate us – even though many regard it purely as an enticing myth. Much evidence – both esoteric and exoteric – has emerged as has much speculation. Madame Blavatsky shaped much modern thinking about this lost landmass which was the seedbed for modern humanity.

Like Lemuria, it reached unprecedented heights of achievement technologically but then it took a wrong turn and a brotherhood of dark forces practising black magic prevailed over their opponents. There has been much comment about the close parallels between Atlantis and our modern world. Atlantis fragmented physically and spiritually before sinking. Are we witnessing a repletion?



NO STRUGGLE – NO MERIT: RETURNING TO OUR ORIGINS, A SPIRITUAL QUEST.

The Secret Doctrine contains an overwhelming concentration of material on a vast range of topics making it a daunting book to leaf through. However, if searching for something specific it generously opens its pages and offers information and sources to explore as deeply as we choose. *The Secret Doctrine* contains insights into the existence and disappearance of forgotten worlds, as well as the evolutionary cycle and advancement of humanity, both physically and spiritually. This talk considers some of humanity's development and spiritual journey from its origins leading toward greater higher-consciousness and union with the higher spiritual-self.

Juliet Bates

Juliet Bates was born in England, has lived in Australia, Abu Dhabi, Singapore, and is now based in Milan. Her study of the Ancient Wisdom Teachings began at an early age, expanded by fundamental texts of Theosophy, Esoteric Science, Kabbalah and Buddhism. A member of the British Psychological Society for over twenty years, she holds a degree in psychology and is a teacher and translator. She has also translated Theosophical texts and teaches a variety of courses from a Foundation in Theosophy to Inner Group Teachings aimed at Spiritual Development, and practices healing as a Reiki Master Teacher. She is a member of Wales/London Lodge and is currently the EuST Managing Editor of Publications and On-line Courses.

Dirk Schreuder is a member of the Cape Town Lodge of the Theosophical Society in South Africa. He is at present registered for a PhD at the University of South Africa, in which he aims to expound comprehensively the inner esoteric philosophy of HPB's *The Voice of the Silence* and its practical application to daily spiritual life. He has a special interest in the practices of Yoga and the inner path within Mystical Christianity.

Dirk Schreuder

PRACTICAL DAILY MEDITATION

Madame Blavatsky's relatively unknown esoteric jewel, *The Voice of the Silence* – which she terms the Theosophists Bible – contains in its first Fragment the practical method of concentration (*dharana*) leading to meditation (*dhyana*) and on to *samadhi*, comprising the *samyama* or upper triangle of *Ashtanga Yoga*. This form of meditation or *Nada Yoga*, lifts up the awareness and connects the aspirant to the primordial radiant and divine power, mentioned many hundreds of times in Blavatsky's *The Secret Doctrine* as the Word and the Logos, and experienced inwardly as light and sound (*Nada*).

An introductory practical and guided meditation lasting approximately 15 minutes.

ECHOES OF A FORGOTTEN WORLD: THE ESOTERIC ORIGIN OF MAN AS PER *THE SECRET DOCTRINE*

Esoterically, man, humanity and creation has its ultimate origin in the Absolute, from where creation manifests through that primordial power termed in *The Secret Doctrine* many hundreds of times as the Word or the Logos. Man descends from above through the planes of manifestation into physical incarnation to learn, grow and gather light. Experiencing inwardly an "Echo of a Forgotten World" he sets about to retrace his steps (religion) towards Union with his Higher Self, the Eternal All. Theosophists term this "the cycle of necessity." Immersion in the Word and Logos through the practice of meditation and yoga, brings this cycle to its inevitable conclusion.

ECHOES OF A FORGOTTEN WORLD: *THE SECRET DOCTRINE* VOLUME III, BLAVATSKY'S ESOTERIC MASTER VOLUME

As man and humanity descended ever deeper into matter and illusion on the downward arc of creation, the natural intuitive guidance of the Higher-Self is lost and to re-establish this link, the Mystery Schools are founded. Having forgotten his true home and origin, his spiritual destiny is to awaken and arise, and find again that Union with his own true teacher or Sat-Guru, his Higher Self. *The Secret Doctrine* Vol III is a masterful esoteric interpretation providing that intellectual rationale for following an inner spiritual path. Containing many hints and injunctions to lead the life spiritual, in preparation for a comprehension of the teachings contained in Blavatsky's *The Voice of the Silence*.



WHERE ESOTERIC PREHISTORY MEETS ALTERNATIVE ARCHAEOLOGY: MAPPING THE OVERLAPS OF BLAVATSKY, WEST, AND HANCOCK

This presentation explores the enduring allure of forgotten civilizations by comparing Helena P. Blavatsky's esoteric prehistory with the alternative archaeological frameworks of John Anthony West and Graham Hancock. Blavatsky's *The Secret Doctrine* (1888) presents Lemuria and Atlantis as pivotal epochs in human evolution, articulated through her Root Race cosmology and framed as cycles of emergence, decline, and renewal. Although metaphysical in nature, her themes resonate with later heterodox researchers. West's reinterpretation of ancient Egypt—especially his argument for a much earlier dating of the Sphinx—revives the possibility of a lost high civilization predating dynastic history. Hancock extends this inquiry globally, proposing that an advanced Ice Age civilization was destroyed during the Younger Dryas cataclysm, with ancient America as a major centre of forgotten knowledge. By placing these thinkers in dialogue, the presentation highlights how myth, geology, and speculative archaeology intersect to challenge linear narratives of human origins.

Etsuko Zakoji

Etsuko Zakoji was born in Japan. She has been living in London since 1990. She holds an MA in classical archaeology from Birkbeck, University of London and another MA in art history from a Japanese University. She is a member of RNS (Royal Numismatic Society) and BNS (British Numismatic Society) as well as TS. Her interests lie in symbols and art, numismatics and consciousness study. She writes articles for various international journals.

Ifigeneia Kastamoniti has been a member of the TS Greece since 1995 and is a frequent lecturer. A member of the Hellenic Board and translator of many classical Theosophical works, she has been editor of TPH Greece and the magazine *ILISOS* for 20 years. She currently serves as the secretary of the TS Greece, a role she also held for a ten-year period in the past.

Born in the city of Thessaloniki, Greece, she has travelled to many countries in Europe, Asia, America, Africa and Australia meeting people and getting acquainted with their cultures. She is the Secretary of the European School of Theosophy since 2018. She lives in Athens, Greece.

ETHEREAL BEGINNINGS: THE FIRST EPOCH OF LIFE IN *THE SECRET DOCTRINE*

This lecture explores the earliest epoch of terrestrial evolution described in *The Secret Doctrine* by Helena Petrovna Blavatsky. In this primordial stage, the beings present on Earth were not yet human but existed as ethereal, luminous forms—subtle expressions of life preceding material embodiment. Neither biological nor dense, these early entities are described as shadow-like and fluid, reflecting a world still in formation. The lecture examines the metaphysical meaning of these ethereal beings, their mode of existence, and their place in the gradual condensation of life and consciousness. Through this perspective, the first epoch appears as a visionary account of life emerging from spirit into form.

THE SECOND EPOCH: THE EMERGENCE OF FORM IN EARTH'S EARLY LIFE

This lecture explores the second epoch of terrestrial evolution described in *The Secret Doctrine* by Helena Petrovna Blavatsky. In this stage, the subtle beings of the earliest epoch begin to acquire a more defined yet still delicate form. Their existence remains largely ethereal, but the process of differentiation and gradual condensation becomes more apparent. The lecture examines the symbolic descriptions of these beings, their mode of propagation, and the emergence of polarity within life. This epoch represents a transitional moment in cosmic evolution, when life slowly moves from purely luminous existence toward the first outlines of structured embodiment on Earth.

WELCOME TO

DoubleTree by Hilton Cheltenham-Cotswolds

Mixing contemporary luxury with Georgian aesthetics, this manor house is two miles from the regency town of Cheltenham. It provides a full-service spa, indulgent afternoon tea, and a full-service restaurant. During your presence for the EuST you can enjoy the indoor pool, steam room, sauna, hot tub, and a complimentary warm DoubleTree Chocolate Chip Cookie at check-in.



Accommodation

DOUBLETREE BY HILTON CHELTENHAM-COTSWOLDS...

...is a 4-star Georgian manor house that blends 19th-century history with modern hospitality. Located on the edge of the Cotswolds in Charlton Kings, the property is set within landscaped gardens overlooking the Lilley Brook Golf Course.

The current building, originally known as Lilleybrook, stands on a site with roots dating back to 1700.





Accommodation Cost

TOTAL COST: 750,00 £ Currency: English pounds
FULL BOARD PER PERSON

INCLUDES:

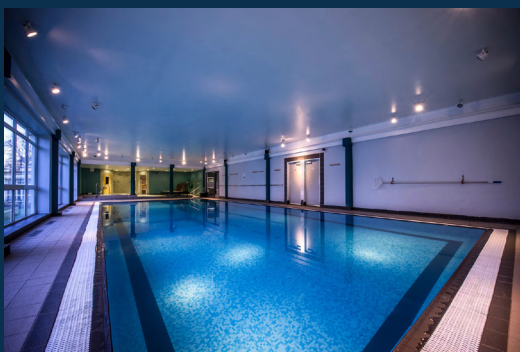
- Accommodation for 4 nights in single room:
Checking date 28th of September
Checkout date 2nd of October
- Breakfast, Lunch and Dinner
- Coffee Breaks



THE ROOMS

Each room includes large windows with garden or golf course views, flat-screen TVs, and high-speed Wi-Fi. Guests enjoy refined Georgian-inspired décor, plush bedding, and signature warm cookies upon arrival.

Booking & Directions



Deadline for Registration
and Accommodation Booking
is July 31, 2026

BOOKING

To book send an email to:
eustconferences@gmail.com

TOTAL COST: 750,00 £ Currency:
FULL BOARD English pounds

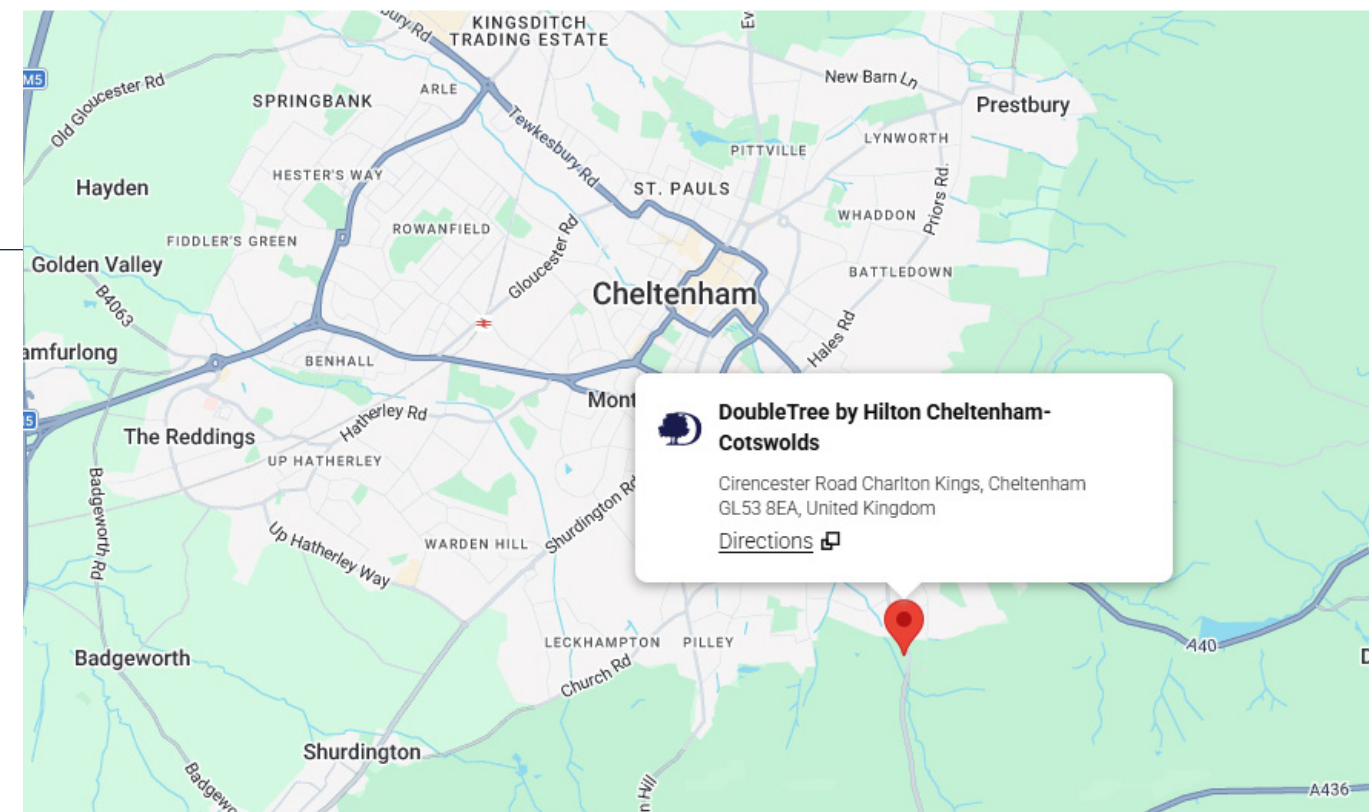
Please send the accommodation and
meals payment to the following bank
account:

REVOLUT BANK
IBAN: LT27 3250 0573 5464 0412
BIC: REVOLT21

Don't forget to send an email
informing us about your payment
proof: eustconferences@gmail.com



Directions to DOUBLETREE BY HILTON CHELTENHAM-COTSWOLDS



- **CLOSEST AIRPORT:** Bristol or Birmingham Airport.
- **TRAIN STATION:** Cheltenham Spa train station – on a direct route to London Paddington.
- **LOCAL TAXI COMPANY** that works with the hotel: **Starline Taxis** – tel: 01242 250250.
- **HOTEL WEBSITE:** <https://www.hilton.com/en/hotels/glochdi-doubletree-cheltenham-cotswolds/>

The hotel offers no shuttle service.



ECHOES OF FORGOTTEN WORLDS

LEMURIA, ATLANTIS
& HUMANITY'S ORIGINS
in **The Secret
Doctrine**

EUROPEAN SCHOOL OF THEOSOPHY

**UNITED
KINGDOM**
CHELTENHAM

2026 28 SEPTEMBER
02 OCTOBER

WITH THE SUPPORT OF THE BLAVATSKY TRUST

www.europeanschooloftheosophy.eu
eustheosophy@gmail.com